

Phases

Archit Tiwari • 25 May 2026

Life has many phases. Everyone identifies and understands these phases in different ways. Well, before getting into phases of life, let us know, *what is life?* Life is just a coincidence. Life itself has no meaning. It is we, who attach it with meaning. Also, life has no purpose. We have to create a pseudo-purpose for a sustainable life, in our own terms.

Phase I

In the early period of our life, most of us live in ignorance. We try to explore the things outside but rarely try to know what's inside us or more precisely *who we are?* We are consciousness, evolved from amino acid formed in that ancient reaction that involved lightning.

In this period, I explored a lot of things stretching across various disciplines. These mainly included philosophy, languages, science and some of mathematics. Most of things in this period of my life were decided by my family and school. But a time comes when you have to take decisions by self, you have to do planning by self. This is when I started experimenting with my life. After a long series of experiments, what I concluded, I have written above, particularly from what I understood from *Aṣṭāvakra Gītā*. Now I am living my life to *live life only* in next phase.